

May 4, 2020- May 8, 2020

Hello Edison Elementary!

Hello James Madison, Martin Luther King, Woodbrook, Menlo Park, John Marshall, Ben Franklin, Lincoln, Lindeneau, James Monroe and Washington Elementary School Students!

Can you believe we are already in the month of MAY? As the weather becomes nicer and we take our bikes out for a ride, it is VERY important to never forget about bike safety. Riding a bike can be a lot of fun. But if you don't ride responsibly, you can end up seriously hurt. Riding your bike with members from your household is also a fun way to exercise and get some fresh air all while practicing social distancing.

Don't forget to always wash your hands after you are finish riding your bike.

Stay safe and healthy,
Your Elementary School Nurses

What's up this week?

More information for you to enjoy learning about heath and having fun from your School Nurse. Here are some links:



Why is Bike Safety so important?
Click on the link and read everything you need to know to stay safe.



Watch this short video on why it is important to wear a helmet.



Here are a few BrainPop activities on how you can ride responsibly and how to stay safe.



Take this short quiz and see if you are ready to become an expert on bike safety.